

Programme CCP-YRN Workshop March 4-5th 2019

Cultural Clinical Psychology: Emerging Innovations and Opportunities

A new wave of research is changing the field of clinical psychology. Culture is increasingly found to shape and define the presentation, understanding, and treatment of mental health disorders. From symptoms of depression to the treatment of psychosis, every culture has a different experience of suffering.

Young researchers in Europe are at the frontline of this new research field and for the first time will have the opportunity to build a network to share current knowledge, activities, and research methods, as well as to build new collaborative relationships and to develop novel research initiatives across Europe and North America.

UZH will host a two-day workshop with:

- Key note speakers from well-known international experts,
- Plenary sessions for students to showcase their work and build collaborations,
- Methods workshops led by leading experts in the field,
- Poster sessions for new young researchers to develop their research ideas and network

LOCATION:

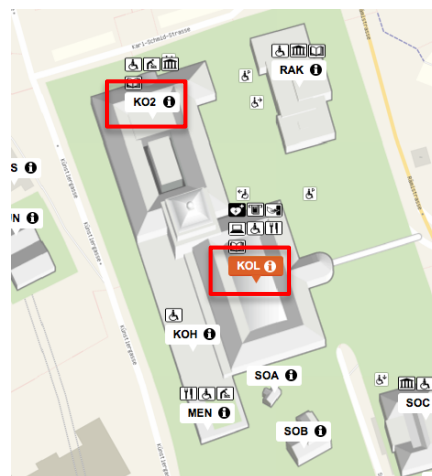
Central Zurich

Rämistrasse 71, 8006 Zürich,

Rooms:

KOL-E-13

KO2-F-152



DAY ONE: THEORY/METHODOLOGY: Who are we?

8:30-9:00 REGISTRATION, TEA AND COFFEE

9:00-9:30 WELCOME AND KEYNOTE: Andreas Maercker

Focus on theory and methods to explore research in cultural clinical psychology

9:30-10:00 Introduction to CCP Network, cultural idioms, scripts and suffering:
Andrew Ryder and Yulia Chentsova

**PLENARY SESSIONS Research on cultural manifestations of psychological distress
chaired by Andrew Ryder and Yulia Chentsova**

Mix of student presentations (15 min presentation, 5 min discussion) with expert discussants

10:00-11:00 Trauma and Grief Panel

Expert Discussant (Intro 10 min): Naser Morina – focus on the importance of transdiagnostic aspects and task-shifting issues

Student speaker 1 (20 min) Nikolai Kiselev: Structural and socio-cultural barriers to accessing mental healthcare among Syrian refugees and asylum seekers in Switzerland

Student speaker 2 (20 min) Christian Lönneker: Magical Thinking in severe grief reactions

11:00-12:00 Post-traumatic Growth and Resilience Panel

Expert Discussant (Intro 10 min): Myriam Thoma: Trauma, Post Traumatic Growth and resilience

Student speaker 1 (20 min) Penelope Adams: External indicators of resilience: Does social support and social acknowledgment help make an individual more resilient to early-life adversity?

Student speaker 2 (20 min) Liridona Kameri: Mental health of unaccompanied refugee minors: Between resilience and vulnerability

12:00-13:00 STAND UP LUNCH

13:00-14:00 STUDENT POSTER SESSION AND NETWORKING

14:00-15:00 Cultural Adaptation Methods Panel

Expert Discussants (Intro 15 min): Eva Heim and Ulrike von Lersner

Discussion on methods used in cultural adaptation and intercultural training

Student speaker 1 (20 min) Hatun Aycik: TIPPS: Transcultural interview on the perception of psychotherapy – Related subjects

Student speaker 2 (20 min) Olga Schaile: Perception and stigma of mental disorders among afghan refugees and their needs and wishes regarding psychotherapy – A preliminary study design

TEA BREAK 15:00-15:30

15:30-16:30 Qualitative Methods in cross cultural psychology

Expert Discussants (Intro 15 min) Corina Salis Gross, Johannes Quack

The language of professionals working – How various professional groups understand and make sense of trauma within their own professional language

Student speaker 1 (20 min) Nathalie Golec: Examining the influence of beliefs, religion, spirituality, culture, and context on resilience in survivors of childhood institutional abuse in Ireland: A qualitative study

Student speaker 2 (20 min) Karin Rechsteiner: Metaphors on trauma: A cross-cultural perspective

16:30-17:00 **Fireside chat and closing day comments, Andrew Ryder Yulia Chentsova**

18:00 CONFERENCE DINNER for Invited External Experts

HAUS HILTI

Sihlstrasse 28

8001 Zürich

DAY TWO: NEW DIRECTIONS AND CHALLENGES: Where are we going?
Networking and methods for students

9:00-9:30 TEA AND COFFEE

9:30-10:00 Introduction to different METHODOLOGICAL WORKSHOPS Ask the experts!

Students bring your data, research questions or problems to discuss

10:00-11:15 Workshops:

- Ethnographic and anthropological influences in cultural clinical psychology: Corina Salis Gross and Johannes Quack
- Mixed methods approach: Cultural consensus: Andrew Ryder
- Cultural Adaptation methods: Eva Heim
- A biological psychological approach: Yulia Chentsova
- Ethics of working with vulnerable groups: Shauna Mc Gee, Clare Killikelly, Mareike Augsburger

11:15-12:00 Network topic: Chris Merrit: Establishing an international network with low- and middle-income countries: AMARI

12:00-14:00 STAND UP LUNCH

13:00-14:00 STUDENT POSTER SESSION AND NETWORKING

14:00-14:30 Network topic: Tania Zittoun: Sociocultural psychology and the contribution to migrant and refugee health, Cultural Psychology Network

14:30-14:45 Introduction to Working Groups Clare Killikelly

14:45-15:30 Coffee Chat & Development of working groups: HACKATHON to discuss the content and focus of the CCP-YRN working groups, next steps and plans for future meetings

15:30-16:00 Group discussion of next steps and action points, closing words